

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Amanda Van der  
Lith**

Has successfully participated & completed the

**13km Shift Winter Trail Series - Race 3 of 3**

held at Walter Sisulu Garden.

**TIME 02:17:41**

**PACE 10:34/km**

**GENDER 40 of 47**

**OVERALL 128 of 140**

**40 - 49 7 of 12**

22 July 2018, Sun

Date



*BoutTime*

Signature

